

Health

Course Overview:

Health is required by the State of Ohio for graduation and is offered one semester. It is suggested that students complete this requirement during their freshman year. The areas of discussion are those important to the physical, social, and mental well-being of the students. A basic understanding of good health practices is emphasized as well as basic knowledge of the anatomy and physiology of the body. Special emphasis is placed on contemporary health problems of adolescence in areas such as social interactions, drug abuse, sexuality, nutrition, and exercise. An effort is made to create good health habits through understanding. Students are encouraged to maintain these practices throughout their lives. There is a class fee associated with this course. The course fee will go towards the student becoming Red Cross certified in First Aid, CPR, and AED. Requirements such as written reports, articles from current publications, three ring binder and projects are a part of this course. A fee is required.

Textbooks:

Comprehensive Health
All chapter outlines are posted on google classroom

Assessments:

Formative and summative assessments using classwork, lab work, homework, projects and tests

Teacher Created Assessments

[CLICK HERE](#) for Health Standards and Learning Goals

